

Support for Neurodivergent Families in Birmingham – ADHD

Support for ADHD children and their parents and carers

 BREWS CIC Birmingham Resilience Education and Wellbeing Services CIC	Run by neurodivergent parents of neurodivergent children Nurturing ADHD Kids courses – online and face to face, Coffee and chat online drop ins advice and support Email : contactus@brewseducation.org Telephone number: 0731 116 7485 Website: https://www.facebook.com/BREWSeducation
 All Saints Youth Project	Youth clubs, holiday schemes and family support for children/ young people with additional needs Address: 2a Vicarage Rd, King's Heath, Birmingham B14 7RA, UK Email: info@asyp.org.uk Telephone number: 0121 443 1842 Website: https://www.allsaintsyouthproject.org.uk/
 Square peg Activities	Square Peg Activities was established in 2017 to support children and adults with additional needs as well as their siblings, parents and carers. We deliver FREE for all Stay & Play sessions, offer FREE tickets for daytrips, deliver after school clubs Address: 37-39 Gate Ln, Sutton Coldfield, Birmingham, S B73 5TR Email: info@squarepegactivities.org Telephone number: 0121 824 0508 Website : https://www.squarepegactivities.org/



 United Support Group	• Video and telephone consultations • WhatsApp messaging service • Developmental assessments • Workshops for Parents/ Carers • Support with applications for DLA or PIP • Supporting families through the EHC application and annual review process • Supporting children, young people and adults through assessment and diagnostic processes • Support for children and young people at risk of educational exclusion Address: Manor Farm Community Association, King George Crescent, Rushall, Walsall, WS4 1EU Email: info@unitedsupportgroup.co.uk Telephone number: 07455524196 Website: https://unitedsupportgroup.co.uk/
 Beacon Family Services	Beacon Family Services have supported a wide range of families, including: ◆ Families who are worried about their children's emotional wellbeing and/or behaviour ◆ Families experiencing a life change, such as illness, divorce or bereavement ◆ Fostering and adoptive families looking for support to develop new relationships ◆ Families looking for support with children with additional needs, such as autism or ADHD, or disabilities ◆ Families who would like to deepen their relationships and be a more connected parent Address: Farthing Ln, Sutton Coldfield, Birmingham, B72 1RN Email: info@beaconservices.org.uk Telephone number: 0121 270 0590 Website: https://www.beaconservices.org.uk/

 Birmingham Parent Carer Forum	A group of voluntary parents and carers who have children and young people with special educational needs and disabilities (SEND). They gather the views of local families and share diverse experiences and challenges with service providers. Email: info@birminghampcf.org Telephone number: 07842 706112 Website: https://www.facebook.com/BirminghamPCF/
 S.E.N.D Socials Birmingham	It provides social opportunities for children and young people with special educational needs and disabilities. They also provide support to parents and carers through coffee mornings, workshops, signposting and an online forum. Email: hello@sendsocialbirmingham.co.uk Telephone number: 0121 824 0508 Website: https://sendsocialsbirmingham.co.uk/ https://www.facebook.com/sendsocialsbirmingham?locale=en_GB
 Grow Family Services	Grow Family Services provide practical advice, emotional support, or simply a listening ear to parents and carers of children with additional needs. Social meet ups, Dads' group and sibling support. A lending library of SEN resources Email: grow.enquiries@outlook.com Address: 1a Coleshill Street, Sutton Coldfield, B72 1SD Website: https://www.growfamilyservices.org/

Useful websites

<https://www.bhamcommunity.nhs.uk/ndp/>

The Birmingham neurodevelopmental Pathway website explains the ADHD assessment process and has all the documents needed by parents and school

<https://www.ipsea.org.uk/>

advising and empowering families, providing free casework support and ensuring that the rights of children and young people with SEND are upheld

<https://sunshine-support.org/>

Advice and advocacy for parents, carers, and professionals who support children and young people with SEND.

<https://contact.org.uk/>

support and advice for families of children with additional needs

[**ADDISS \(National Attention Deficit Disorder Information and Support Service\)**](#)

ADDISS (020 8952 2800) provides information and support for parents and children with ADHD.

[**ADHD Foundation**](#)

A foundation who works with individuals with ADHD and those around them to provide support, raise awareness and promote positive change.

[**Box of Ideas**](#)

Resource centre with lots of practical tips for home and school for a range of difficulties including ADHD. [Click here](#) for more information.

[**ADHD Voices**](#)

ADHD Voices brings the perspectives and experiences of children into international debates around rising child psychiatric diagnoses and the increasing use of drugs in child psychiatry.

[**Contact a Family**](#)

Contact a Family (0808 808 3555): a UK-wide charity providing advice, information and support.

[**Janssen: Living With ADHD**](#)

Whether you have been diagnosed with ADHD, or are the parent/carer or teacher of someone who has the condition, this website will help you face the challenges you may have and address any questions and concerns.

